

Kristina from Oklahoma :)

Good day mates :)

I have been very busy with Track lately!!

A week before our first Track meet a few weeks ago, we started early morning practices twice a week.

And with early morning I mean 5 am sharp!!!

At first it was very hard to get up at that time, but now I`ve already got used to it.

Track meets are so much fun. We get out of school the whole day, and I enjoy watching all the running and field events!

In Track there are five different classes (from A to 6A) the class depends on the size of the school, and since my school is really tiny we are 3A.

My team is the best in state and so our coach lets us often compete at 6A meets, which is hardcore!!

I'm glad I just run the mile, some of my girls run 4 events and if we have two Track meets a week, that`s pretty tough!!

You can imagine a Track meet like that: we have a huge charter bus with which we are going to the meets (even though our school is so small we have a pretty cool bus!!).

As soon as we arrive at the school where the meet takes place (that can sometimes take 2 hours) , we put up our school tent, and the people who don't have their events yet can relax for a while.

Usually the meets take all day long, it depends on how many heats there are in the several events!!

At the really big meets it is great fun to see the amazing athletes run!!

Each school has its own uniforms and sweat suits in the school colours, it is so cool to feel like a real member of a team, while wearing those uniforms!!

Every time somebody of our school is running we stand next to the track, cheering them on and we usually win the meets and take a bunch of medals and trophies home!!

Next weekend we have a regional track meet and after that there is state, which is a huge deal!!

Saturday last week, we went to Stillwater (the city where the famous OSU Oklahoma State University is) to watch their spring football game.

After the game we went to "Eskimo Joe's" which is like the hard- rock- cafe of Oklahoma. It was a great weekend, I had such a good time with my host-family!!

Last Monday I was to the Capitol in Oklahoma City, where we had an Oklahoman exchange student meeting.

I have two friends, a Brazilian and an Austrian girl, who live in a town just 10 miles away and with whom I came there.

It was so much fun!! We didn't meet very many Austrians but about 30 Brazilians ;) We had a blast.

Yesterday was prom (sort of a graduation ball). The actual dance was until one o'clock and after that there was an after prom party until 6 am!!

It was pretty funny but nothing compared to our school dances!! The after prom was at a YMCA (a building which contains a swimming pool, work out places, basketball courts, racket ball rooms, an indoor track etc). We could play dodge-ball, play games like kick ball, swim, do rock climbing or play dance revolution and guitar hero.

At the end they drew people's names for prizes! A senior girl and a boy, both won laptops and two juniors won TVs!!

I won a few shirts, a coffee gift cards and a bracelet.

I am already having a hard time thinking about leaving all those good friends I made here and my lovely host-family!! June is already coming so soon. But I'm also looking forward to seeing you all (y'aaaall as they say in Oklahoma ^^) again!!!

Kristina